

## Insights For Golf Instructors

### – Joe’s Mental Golf DISC Style –

#### ■ Steady

- Steady
- Relaxed
- Persistent
- Patient
- Moderate Pace
- Values Consistency

- Joe will appreciate a relaxed and organized learning environment. Accommodate his natural communication style by suggesting changes in an orderly manner, and at a moderate pace.
- Joe wants to understand the logic behind changes you suggest, but not to the same level of detail as your highly analytical and methodical style players might expect. Don’t overload him with thoughts about his mechanics, or with data from video analysis or other technology.
- Joe values consistency – help him understand that any changes you suggest are designed to produce better and more consistent results for the long-term, even if they might disrupt his consistency for the short term.
- With his patient nature, Joe might underestimate his overall potential to improve. Collaborating with him on the goal-setting process in Section 3 of his report might help him see a bigger vision for his game, and perhaps ramp up the pace at which he seeks to improve.

### – Engaging Joe's Visual and Feel-Oriented Learning Senses –

**Why:** Engaging Joe’s visual and feel-oriented sense as part of the learning process will reinforce the importance of playing with more of a “*see the shot and feel my swing*” approach once he’s on the course.

**How:** Along with utilizing drills and training aids that help create the “feel” for a desired motion, you can further engage these senses with “look and feel,” type suggestions and questions like these –

- *"Describe what your tempo feels like when you swing at 50% effort."*
- *"Tell me how various areas of your body feel with this set-up position."*
- *"Which is easier for you to visualize when you’re playing under pressure – a right to left, or left to right ball flight?"*
- *"Think of your swing as being one continuous motion, as opposed to a series of ‘positions’ throughout the swing."*