

Section 2: Your DISC Style In Action

Joe's Mental Golf DISC Style

Steady

- Steady
- Relaxed
- Persistent
- Patient
- Moderate Pace
- Values Consistency

Like all DISC Styles, your style has certain traits that can work for you, or might hold you back, depending on how you manage them.

Examples from your profile are listed below. Keep in mind that a strength “over-done” can become a weakness.

Working For You

Relaxed Demeanor

Joe tends to be fairly relaxed and calm as he’s warming up for the round.

Could Hold You Back

Relaxed Demeanor

Joe might not always get into a fully “ready to compete” mindset for the start of the round.

Steady & Realistic Progress

Joe usually thinks in terms of making steady and realistic progress when it comes to improving his game.

Steady & Realistic Progress

Joe might underestimate just how much, and how quickly, he actually could improve his game.

Values Consistency

Joe values consistency, and once he has a routine that works for him, he’ll tend to stick with it.

Values Consistency

Joe might resist making changes if he feels they could hurt his consistency, even for the short-term.